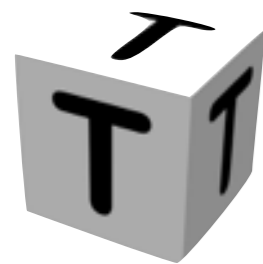


GENIUS MATERIAL



3 Keys to Learning

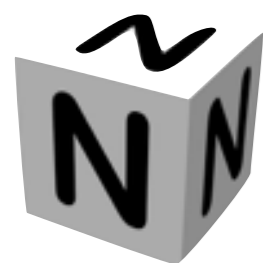
Not paying attention to the 3 Keys sets you up to forget 80% of what you're learned within 2 weeks. Instead, attend to these 3 keys and remember 80% of what you've learned - forever



1 Time

Actively manipulate

Short bursts
Small chunks
Serial position



2 Notes

Colour
Size

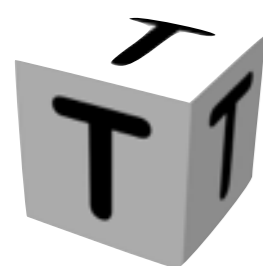
Bullet points
Numbering

Highlight
Keywords

Space
Patterns

Pictures
Symbols

Stand out
7 or Fewer



3 Test

Test question
Close eyes - See notes
Answer out loud - Draw in air
Open eyes - Check notes

Today

24hrs
1 week
1 month
monthly

Sticky
Question

Ignore at your peril!